

Homemakers Daily Routine

Monday

M
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N

- ☐ Dust
- ☐ Sweep, vacuum & mop
- ☐ Clean out refrigerator
- ☐ Organize pantry
- ☐ Order groceries
- ☐ Restock

Tuesday

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- ☐ Clean windows
- ☐ Clean windowsills
- ☐ Wash baseboards
- ☐ Clean & organize outside space

Wednesday

W
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- ☐ 15 minute declutter per room
- ☐ Reorganize as needed
- ☐ List items for sale
- ☐ Thrift store run

Thursday

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- ☐ Deep clean bathrooms
- ☐ Wash throw blankets & pillow covers
- ☐ Wash bathroom rugs & area rugs
- ☐ Wash shower curtains

Friday

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- ☐ Dust
- ☐ Sweep, vacuum & mop
- ☐ Wash & dry all bed clothes
- ☐ Redress all bed clothes

Daily

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- ☐ 15 minutes of self care
- ☐ Get dressed for the day
- ☐ Make the bed
- ☐ Wash 1 load of laundry every night, put away next day
- ☐ Run dishwasher every night

Monthly

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- ☐ Deep clean refrigerator
- ☐ Deep clean vehicles
- ☐ Meal plan
- ☐ Meal prep freezer items
- ☐ Vacuum under furniture and cushions

Homemaking isn't about perfection, it's about peace. If the laundry waits or the floors go unswept today, that's okay. A rested heart is just as important as a tidy home.

A perfect home isn't the one that's spotless, it's the one filled with warmth, laughter, and love. Let go of "perfect" and lean into real.

Routines don't have to be rigid to bring peace. Keep them loose but intentional, like a rhythm your home can dance to.